

# 5-Minute Power Courses

The skills you need. In just 5 minutes a day.

Our 5-Minute Power Courses Subscription gives employees or jobseekers unlimited access to 100+ courses on job search skills, communication, customer service and leadership.

Delivered in 5-minute bursts, the courses provide practical strategies that can be applied immediately and are designed to build confidence, improve job readiness and boost workplace performance.

## Annual Subscription

\$7,500/year with unlimited access for unlimited users.

## Subscription benefits

- ☒ 100+ courses on skills you can master in just 5 minutes
- ☒ Suitable for all career stages including jobseekers, employees and leaders
- ☒ Learn anytime, anywhere, on any device
- ☒ Monthly reports to measure usage and engagement
- ☒ Access 30 downloadable activity guides to reinforce learning

## Learn more and subscribe

Call (262) 544-4971 or visit [dynamicinstitute.com/powercourses](https://dynamicinstitute.com/powercourses)

## Power Courses: Jobseeker Series

Build confidence and discover job search strategies to get hired faster with our Jobseeker 5-Minute Power Courses Series. Explore our Jobseeker courses below and start advancing your career today.

- 5-Minutes Before You Self Assess for An Interview
- Assessing Your Talent
- Awakening Your Enthusiasm
- Character Does Count
- Creating a Back-Up Plan
- Develop Your Career Vision
- Embracing Change
- Entrepreneurship: The First Step To Finding Your Confidence
- I Need Passion in My Life
- It's All in the Tone
- It's Who You Know
- Make Limitless Ideas Possible
- Making "S.M.A.R.T." Goals
- Pivot to The Positive
- Plan Your Personal Mission
- Showing Your Best Character
- Turn to Your Internal Filter
- 5-Minutes Before You Need to Expand Your Skills
- 5 Minutes Before You Need to Master the Art of Chit Chat
- Become More Reliable
- Becoming a Better Listener
- Best Leader in You
- Credit, What Is It?
- Do Your Homework and Exceed Expectations
- Tactfulness
- Understanding Unwritten Rules
- Winning With a Win-Win Attitude
- Set the Direction of Your Next Presentation
- Time Burglar Defense Tactics
- Upselling 101
- Show Your Skills with Examples
- The Art of Negotiation
- 5-Minutes Before a Job Fair
- 5-Minutes Before a Phone Interview.
- Written Communication That Really Delivers
- 411 On Labor Market Information and Your Job
- 5-Minutes Before a Networking Event
- 5-Minutes Before You Attend an Event with Food and Drink
- 5-Minutes Before You Have to Look the Part
- 5-Minutes Before You Offer Your Résumé
- Answer Questions with Class
- Finding a Job Using LinkedIn
- Get Judged by This Cover
- Lift The Anchor-Set A New Course
- Maintaining Motivation
- Market Yourself
- Tailoring Your Résumé
- Uncertainty Is Reality
- Upsell Your Job Search
- Why Network?
- Your Job Search, Your Life!
- 5-Minutes Before a Difficult Question
- 5-Minutes Before a Digital or Webcam Interview
- 5-Minutes Before a Panel Interview
- Interview Phone Basics
- 5-Minutes Before a Public Introduction
- Effortless Conversation Know-How!
- Seizing The Constructive Out of Criticism
- Show Your Skills
- Sign Here, You're Hired!

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## Power Courses: Communication Series

Improve workplace collaboration and productivity with our Communication 5-Minute Power Courses Series. Explore our Communication courses below and start transforming your communication skill set today.

- Answer Questions with Class
- Becoming A Better Listener
- Diligently Debating
- Effective Arguing
- Efficient Task Reporting
- I Didn't Say That
- Intention Directed Communication
- Positive Customer Relationships
- Providing Feedback for Performance Improvement
- Turn to Your Internal Filter
- Acting On Feedback
- Be Your Own Keynote Speaker
- Help, I'm Drowning in My "Stuff"
- Help, I'm So Burned Out
- Hit The Ground Running
- Maintaining Motivation
- Multitasking
- What I Meant to Say
- Service with Gusto
- Speak Clearly Without Saying a Word
- The Art of Negotiation
- That's Not What I Expected
- Receiving Feedback
- Seizing The Constructive Out of Criticism
- Selective Listening
- Sharpen Your Creativity
- Uncertainty Is a Reality
- Winning With a Win-Win Attitude
- Delegation Works
- Giving Instructions
- Is Everyone Clear?
- Mediation And Negotiation
- 5-Minutes Before You Need to Master the Art of Chit Chat
- Effortless
- Humor In the Workplace
- Interview Phone Basics
- It's All in the Tone
- Understanding Unwritten Rules
- Written Communication That Really Delivers

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# Power Courses: Customer Service Series

Deliver exceptional experiences every time with our Customer Service 5-Minute Power Courses Series. Explore our Customer Service courses below and start elevating your customer service skills today.

- Giving Instructions
- Handling Bad Mouthing on the Job
- Humor in The Workplace
- It's All in The Tone
- See The Person, Not the Problem
- Selective Listening
- Tactfulness
- Analyzing and Observing
- Becoming A Better Listener
- Disability Awareness
- Empathy, A Positive Emotion
- Go with the Flow
- Positive Customer Relationships
- Treat Employees Like Customers
- Multitasking
- Service with Gusto
- When Facing a Roadblock, Take a Different Road
- Speak Clearly Without Saying a Word
- Be Yourself, A True Original
- Character Does Count
- Nice Guys Finish First
- Seizing The Constructive Out of Criticism
- Winning With a Win-Win Attitude
- Acting On Feedback
- Become More Reliable
- Finding Your Confidence
- I'm A Ticking Time Bomb
- Receiving Feedback
- Sharpen Your Creativity
- Take Initiative to Succeed
- Turn to Your Internal Filter
- What's Your Call to Action

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## Power Courses: Leadership Series

Learn strategies to lead with impact and vision with our Leadership 5-Minute Power Courses Series. Explore our leadership courses below and take the next step in your leadership development.

- Handling Bad Mouthing on The Job
- See The Person, Not the Problem
- Making "S.M.A.R.T." Goals
- Multitasking
- Capitalizing on Organization
- Go with The Flow
- Help! I'm So Burned Out
- Help! I'm Drowning in My Own "Stuff"
- I Didn't Say That
- I'm a Ticking Time Bomb
- Peer to Boss, Now What?
- Trusting Leadership
- Why Can't Everybody Be Just Like Me?
- Ouch, That Hurts! What are My Emotional Band-aids?
- Expect the Unexpected
- Critical Observation
- Time Management for Supervisors
- That's Not What I Expected
- Responsibility and Accountability
- Coaching Management, Positive Results
- Delegation Works
- Disability Awareness
- Effectively Multitask
- Facilitator Role and Characteristics, Part 1
- Facilitation, Part 2
- Keep The Meeting Moving
- Providing Feedback for Performance Improvement
- Treat Employees Like Customers?
- Winning With Strategic Hiring
- Wow Your Stakeholders

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## Power Courses: Activity Guides

Each subscription includes access to downloadable activity guides to reinforce key skills and help users apply what they've learned. Here's the full list of activity guides you can download.

- 411 on Labor Market Information
- 5-Minutes Before an Important Introduction
- 5-Minutes Before a Public Introduction
- 5-Minutes Before an Interview
- 5-Minutes Before a Difficult Question
- 5-Minutes Before a Digital or Webcam Interview.
- 5-Minutes Before You Attend an Event with Food and Drink
- 5-Minutes Before You Have to Look the Part
- 5-Minutes Before You Offer Your Résumé
- Networking Event
- Art of Chat Chat
- Being Persistent While Respecting Boundaries
- Difficult Questions
- Do Your Homework and Exceed Expectations
- Finding Your Confidence
- It's Who You Know
- Making "S.M.A.R.T" Goals
- Sign Here You're Hired
- Tailoring Your Résumé
- Upsell Your Job Search
- Written Communication That Really Delivers
- 5-Minutes Before a Networking Event
- Your Job Search Your Life
- Understanding Unwritten Rules
- 5-Minutes Before a Job Fair
- 5-Minutes Before an Important Moment
- Creating a Backup Plan
- E-Portfolio-No Problem
- Interview Phone Etiquette
- I Have an Interview

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